*１日の予定をたてよう！！*

【１日のスケジュール】　　　　　　　　【１日の学習の時間割】

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| **18:00** |  |  |  |
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|  | | **月　　　日　（　　　）** |
| **①** | **教科** |  |
| **課題** |  |
| **ふりかえり** | * **○　　　△** |
| **②** | **教科** |  |
| **課題** |  |
| **ふりかえり** | **◎　　　○　　　△** |
| **③** | **教科** |  |
| **課題** |  |
| **ふりかえり** | **◎　　　○　　　△** |
| **④** | **教科** |  |
| **課題** |  |
| **ふりかえり** | **◎　　　○　　　△** |
| **⑤** | **教科** |  |
| **課題** |  |
| **ふりかえり** | **◎　　　○　　　△** |
| **⑥** | **教科** |  |
| **課題** |  |
| **ふりかえり** | **◎　　　○　　　△** |