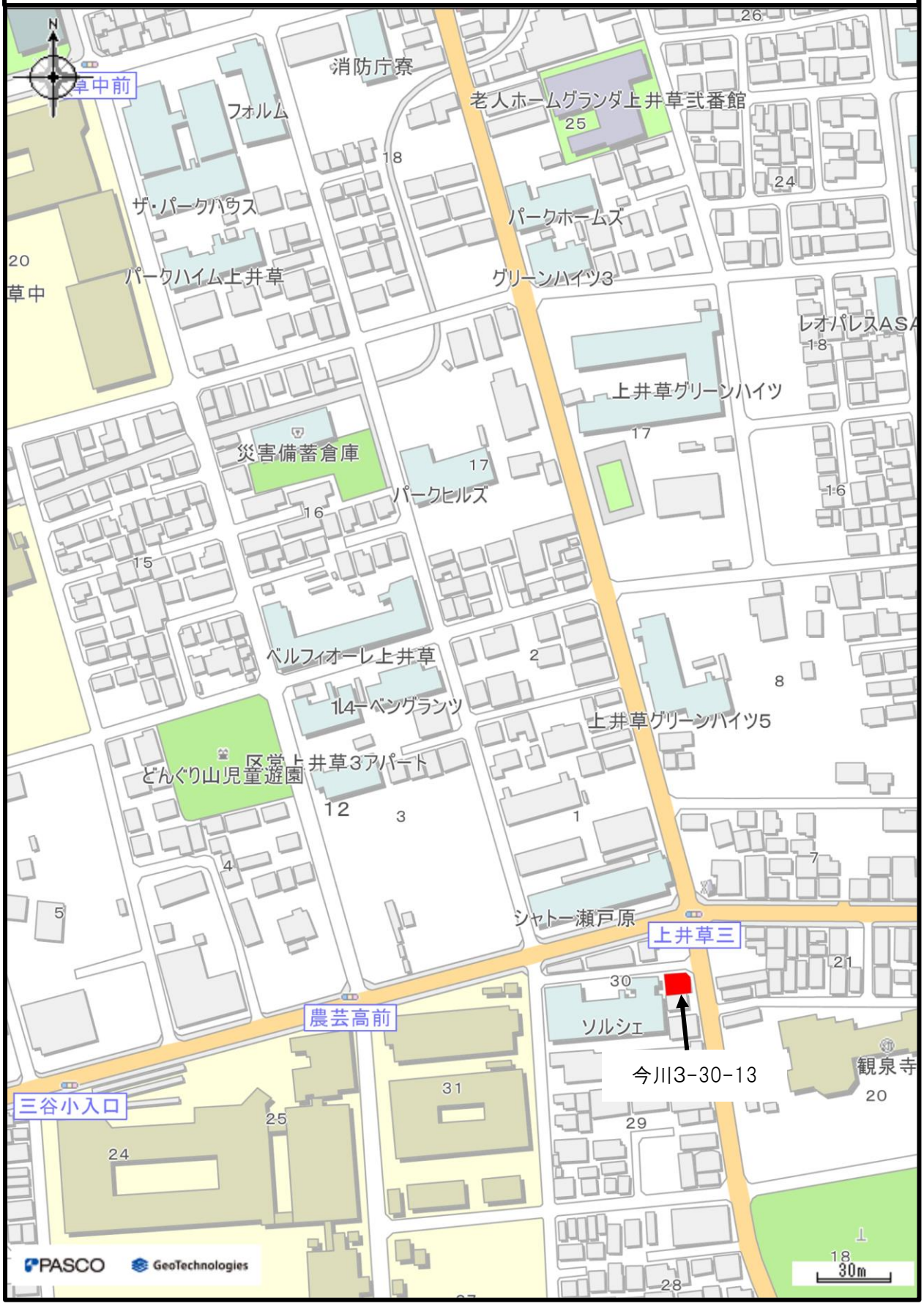リハビリフィットネス　ゆずりは　上井草